Dementia Resource Sheet

For patients, their families, and their carers

Monkseaton Medical Centre & Bridge Medical

Services

Admiral Nurses

This is a service where patients, families and carers can contact experienced nurses for advice and support. For more info go to: <u>helpline@dementiauk.org</u> Helpline: 0800 888 6678

Age UK- Dementia Connections

This service offers help from specialist nurses for advice to support your needs. The service also offers activity coordinators who cater for people with a low-moderate level of need. They offer activities and groups such as singing and trips for social interaction.

For more info go to:

https://www.ageuk.org.uk/northtyne side/our-services/dementia-services/ Number: 0191 280 8484

Websites

https://silverlinememories.com/

'We are a North East of England Charity providing activities and support for people living with Dementia.'

https://www.ageuk.org.uk/northtyne side/our-services/dementiaservices/dementia-coordinators/

See the many activities in the North Tyneside area. Including 'cuppa clubs', singing groups, virtual peer support groups and more.

EveryDay Care & Support in North Tyneside & Newcastle

Supports individuals (over 18) and families in North Tyneside and Newcastle to live independently and make more of life. We're able to offer a little extra support in the short term or help over a longer period of time where necessary.

Website: https://www.everydayuk.org/ Number: 01912877028

Further support

Dementia UK

This service is national and has a wide range of online support. There is also advice for how to get more tailored support. There are many sections for patients, their families and their carers, such as:

- Eating and drinking
- Making the home safe
- What to do if someone with dementia stops recognizing you
- Where to find support in your area or online

This is just an example of what they offer, if you visit their website below you will see the vast range of different areas Dementia UK can support you with.

Website:

https://www.dementiauk.org/getsupport Helpline: 0800 888 6678

> If you require assistance of an urgent nature please contact Adult Social Care Tel : 0191 6432777 Option 3