**Monkseaton Medical Centre/Bridge Medical Carer Registration Form**

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| **Your Details:** | | | | | | | |
| Name: |  | | | | | | |
| Address: |  | | | Postcode: |  | | |
| Tel No. |  | E-Mail: |  | | | | |
| Date Of Birth: |  | GP: |  | | | | |
| **Details of the person that you care for:** | | | | | | | |
| Name: |  | | | | | | |
| Address: (if different from your own) |  | | | Postcode: | |  | |
| Tel No. (if different from your own) |  | DOB: |  | | | | |
| Your relationship: |  | GP: |  | | | | |
| **Which of these tasks do you undertake in your role as a carer:** | | | | | | | |
| How many hours a week on average do you provide care | | | | | | |  |
| Practical tasks, such as cooking, housework and shopping | | | | | | |  |
| Physical care; such as lifting, helping on stairs or with physiotherapy. | | | | | | |  |
| Personal care; such as dressing, washing, helping with toileting needs. | | | | | | |  |
| Managing finances, collecting benefits and prescriptions. | | | | | | |  |
| Administering medication. | | | | | | |  |
| Emotional support. | | | | | | |  |
| Interpreting, due to a hearing or speech impairment or because English is not first language | | | | | | |  |

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| Is there any other information that you feel the practice should be aware of? |
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**North Tyneside Carers Centre**

We are an independent charity and the only generic carer support service in North Tyneside supporting both young and adult carers. Our knowledgeable team supports carers with everything from advocacy to mental health through one-to-one sessions and peer support groups. We also provide specialist training and information sessions created by us to help make life easier for you and the person you care for.

For further information [**(0191) 643 2298**](tel:01916432298) or enquiries@ntcarers.co.uk

**Carers’ Emergency Break Service**

North Tyneside Council operates an emergency break service, which helps carers develop an emergency bespoke plan. The service responds to a request for help at any time of the day. There is no charge for this service up to 48 hours, however after this charges for support may apply.

To register or for further information, contact 0330 333 7475 or email [Care.CallAssistiveTechnology@northtyneside.gov.uk](mailto:Care.CallAssistiveTechnology@northtyneside.gov.uk)